



Immaculate Conception Parish

With the Churches of :

Immaculate Conception Church, Truro; St. Michael's Church, Brule;
St Kateri, Indian Brook; Sacred Heart, Millbrook;
St. Bridget's, Shubenacadie

Welcome Everyone!

A special welcome to new parishioners and visitors to our Parish!

August 4, 2024

18th Sunday in Ordinary Time



"I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

(John 6. 34-35)

Introduction to this Sunday's Liturgy

In Moses' time, the LORD God sent bread from heaven in the form of manna, which sustained the Chosen People on their lengthy and difficult journey across the desert. Centuries later, God sent the Son, the Bread of Life, who nourishes us now on our journey to God's kingdom. Therefore, let us come to Jesus today, where we encounter him in God's word, proclaimed to our assembly. We see him in those who minister to us at this Mass. We realize his presence in each other as we pray and sing. Most significantly, we receive him in the Eucharist, when we receive the Bread of Life who satisfies our spiritual hunger, nourishing us for the mission he left us. Let us lift our hearts and voices in his presence.

MASS TIMES & INTENTIONS

Monday, **NO MASS**

Tuesday, 12:15 - † Sixto K. Roxas

Wednesday, 7:00 - † Stella Matthews

Thursday, 7:00 pm - Vonn Manahan

Friday, 12:15 pm - † Joe MacDonald

Saturday, 4:00 pm - † Dianne Cook

Sunday, 9:00 am - † Gordon Weatherby

WEEKEND MASSES

Saturday

4:00pm - Immaculate Conception, Truro

4:00pm - St. Michael's, Brule

Sunday

9:00am - Immaculate Conception, Truro

10:00am - St. Kateri, Indian Brook

11:30am - Sacred Heart, Millbrook

11:30am - St. Bridget's, Shubenacadie

WE HAVE A NEW FACEBOOK PAGE!

Please visit our new Facebook page, and click on 'Follow' so that you will receive updates on events, Sunday readings, Inspirational messages, and more. The page will be updated at least once a week. Use your phone to photograph the QR Code below, and then click on the small Facebook logo when it appears on your phone. Or you can simply search for Immaculate Conception Parish, Nova Scotia while you're on Facebook.



Veritas Books and Gifts, Veritas Books and Gifts, Truro Store offers many opportunities to share and grow our faith through books, rosaries, cards and gifts. In addition we have many good quality used books on sale for great summer reading.

August we are available by appointment, call us at 902 893-7188 Ext 6.

Adoration of the Blessed Sacrament : Thursdays from 10:00 am to 12:00 pm and after the 7:00 pm Mass, ending with 8:00 pm Benediction.

Sacrament of Reconciliation: 30 mins prior to weekday Masses or by appointment.

Holy Rosary : In prayerful support of all our ministries, the rosary will be offered before every Sunday 9:00 am Mass, from 8:20 -8:40 am. Everyone is invited to join us.

Baptism Preparation : If you plan to celebrate the Baptism of your child this coming year, we invite all parents and godparents to attend the Baptism Preparation session on Friday, **September 27, 2024** from **6:00 - 7:30 pm** in the Kinsella Room. Please pre-register as you'll be required to watch videos prior to the session.

Marriage Preparation : For those wishing to be married at the Immaculate Conception Parish, please contact the Parish Office at least one year in advance.

COLLECTION UPDATE

Previous Week's Collection was: ICC = \$3519.35; St. Michael's = \$ 205.00

Sacred Heart = \$606.35; St. Bridget's = \$458.00; St. Kateri \$456.00

Capital Projects \$ 225.00



Becoming Catholic Have you considered journeying into the Catholic Faith? RCIA (Right of Christian Initiation of Adults) is a journey of learning about Jesus Christ and possibly formally joining the Church he founded. Consider having greater unity with your spouse and family, taking a step in your faith journey or celebrating missing sacraments, etc. Please contact our office or complete a Welcome Card and hand it in at any Mass.

In The 7 Secrets of the Eucharistic Catholic author Vinny Flynn gives us some amazing insights about the Eucharist. He says in the opening of this You Tube video that his goal is that each one of us after listening to this talk our life is completely different; that we would never look at the Eucharist in the same way again.



Watch on You Tube " The 7 Secrets of the Eucharist" <https://youtu.be/xfmkypkZg4I?si=zcoihTn93tDusgoz>

EVENTS:



Eucharistic Congress 2024

Eucharistic Congress Registration NOW Open!

What are you doing **October 17-20**? We hope you're joining us for our first diocesan Eucharistic Congress! What is the a Eucharistic Congress? In short, a Eucharistic Congress is an powerful way to unite the Church, where our diocesan family of faith can gather to worship Our Lord in the Eucharist through the communal celebration of the Mass.

Along with Masses there will be a variety of opportunities to dig deeper into our understanding of the gift of the Eucharist. These types of gatherings reaffirm and re-emphasize the source and summit of our faith, putting Jesus where he belongs—at the center.

When: October 17-20, 2024

Where: Good Shepherd Parish and Saint Mary's Cathedral Basilica

Cost: \$25 for full Congress registration

\$10 for a day pass

To find out more about the Congress and to register visit: www.halifaxymouth.org/congress2024

<https://www.youtube.com/watch?v=Q31FMtboJzk>

John Chapter 6 known as the Bread of Life Discourse gives us Jesus teaching on the Eucharistic. For the next 6 weeks this will be our Sunday Gospel readings. Check out this important teaching with Dr. Brant Pitre in this You Tube video "Study on the Eucharist Episode 7: Bread of Life Discourse".

https://youtu.be/_OEwtzt5MI?si=of0vmRrqRsCLKnbg

Jubilee 2025 is coming!

Pope Francis writes that "the Jubilee has always been an event of great spiritual, ecclesial, and social significance in the life of the Church." He recalled that ever since the year 1300, which marked the first Holy Year, "God's holy and faithful people has experienced this celebration as a special gift of grace, characterized by the forgiveness of sins and in particular by the indulgence, which is a full expression of the mercy of God."



Family Faith Formation (FFF News):

"Because FAITH is best taught and lived out in the family, the Church calls parents to be the first and foremost educators of their children."

Children's Liturgy Weekly at the 9am Mass will resume in September.

Youth Night every Monday from 6:45-8:30 will resume in September.

Confirmation Prep every Monday from 6:45-8:30 will resume in September.

Stay Tuned for registration details for September. Blessed summer to all!

ANNOUNCEMENTS CALENDAR:

(August 3) Rosary and Devotions at 9am . First Saturday Mass, Why the First Saturday? Because Our Lady through Sister Lucia at Fatima calls us to pray in Communion and Reparation to her Immaculate Heart for peace and the salvation of souls and Jesus confirms this call. First Saturday pamphlets are available at our church entrances.

(August 3) Syro Malabar Catholic Rite Mass at 6pm on Saturday. All are welcome to experience this authentic, yet different Rite of our Catholic family having its roots in India. There are 23 Catholic Rites and worshipping at any meets our weekly obligation. The largest is the Latin (Roman) Rite. Others you may have heard of include: Coptic, Ethiopic, Maronite, Ukrainian, Armenian, Byzantine, Russian, Slovak, etc.

(August5) Parish Office is CLOSED for the Civic Holiday

(August 5 & 12) No 7:00 pm Mass. There will be no mass on these Monday evenings while Fr. Jim is on vacation.

(August 5 to 19) Fr Jim is on Vacation. He is on the second of his two part vacation. This year he travels to Mexico City on pilgrimage to Our Lady of Guadalupe. There he will pray for all of you, our parishioners, and the many ministries which serve our parish and community needs. Please pray for a deepening of his spiritual life and for his well being that he will lead our parish in a way most pleasing to our Father in heaven.

(August 6) Last Summer Series Tuesday at Immaculate Conception Church at 7pm. in the fashion of a Small Group for fellowship, prayer, video and discussion. There's no 'program' commitment to the entire series, but it's open to drop-ins on any evening to meet among friends. All are invited, particularly those waiting for Alpha or RCIA to begin.

(August 7) Training Session for Volunteers for the Millbrook Pow Wow happening August 10-11. This Pow Wow is a vibrant celebration of Mi'kmaq culture. We are looking for enthusiastic volunteers to help make this event a success. It's a fantastic way for people to learn, connect, and contribute to our community. Training will take place on **Wednesday August 7th at 5:30pm** with the location TBA. Volunteers shifts will be around 4 hours on either August 10th or 11th , with the chance to stay longer if they'd like . Volunteers will receive a T-shirt and a meal as a token of our appreciation. You can contact Jenna Phillips-Giles from the Millbrook Pow Wow committee at by email powwow@millbrookfn.ca .

(August 10 & 11) We'Kopekitk Competition Pow Wow. This Pow Wow will be at 15 John B Trail Millbrook.

(August 15) No Mass at ICC on the Solemnity of the Assumption of the Blessed Virgin Mary Thursday, August 15 at ICC. Rather, parishioners are invited to **noon Mass at St Mary's Basilica** in celebration of our Diocesan Feast Day.

(Aug 18) No 10am Mass at St Kateri that Sunday. Fr Phil and many parishioners are away on a St Anne de Beaupre pilgrimage. May they have a blessed trip.

(Sep 8) Annual Parish Picnic. Join us on Sunday afternoon from **4 to 6 pm** at Immaculate Conception Church. We'll have free food from the BBQ, drinks, ice cream and games for families. Join us for lots of fun. If it rains, we'll move into Campbell Hall.

(Oct 17-20) Eucharistic Congress Preparations in our Parish Mark your calendar for First Thursdays Observance taking place each month to continue raising awareness of our Eucharistic Congress in October. The regular 7pm Mass Setting will be replaced with a Votive Mass of the Blessed Sacrament. Please come worship and then adore our Lord in the Blessed Sacrament which follows the Mass, finishing with Benediction at approximately 8pm. Silent Adoration also takes place each Thursday from 10am-noon at Immaculate Conception Church.

Pastor: Fr. Jim O'Connor Telephone: 902-893-7188 Ext: 5001 Email: fatherjim@eastlink.ca

Associate Pastor: Fr. Andrew Rembarczyk Telephone: 902-893-7188 Ext: 5004 Email: arembarczyk@gmail.com

Volunteer Office Assistant: Trish Maynard Telephone: 902-893-7188 Email: office@icctruro.org

Youth Evangelization Coordinator Miri Bebjak Email: icp.youthoutreach@gmail.com

Adult Evangelization Coordinator Carol Matthews Email: adult.outreach.icp@gmail.com

Saint Vincent De Paul Society Help Line: 902-897-0222

PARISH OFFICE HOURS: Monday - Thursday 10:00 am - 1:30 pm

Veritas Books and Gifts: By Appointment only. Please contact the parish office at 902-893-7188